

Financial Assistance & Resources

1. Research Government Programs - Find federal and state financial aid options.
2. Apply for Grants - Look for community grants and non-repayable financial assistance.
3. Check Non-Profit Organizations - Many offer food, housing, and utility support.
4. Use Budgeting Apps - Tools like Mint or YNAB help manage finances.
5. Seek Credit Counseling - Professional advice can help with debt repayment.
6. Find Local Assistance Programs - Check churches, charities, and community centers.
7. Look Into Unemployment Benefits - See if you qualify for support while job hunting.
8. Reduce Utility Costs - Apply for energy assistance programs if needed.
9. Ask About Payment Plans - Many hospitals and services offer installment payments.
10. Save on Groceries - Use coupons, discount stores, and meal planning to reduce costs.